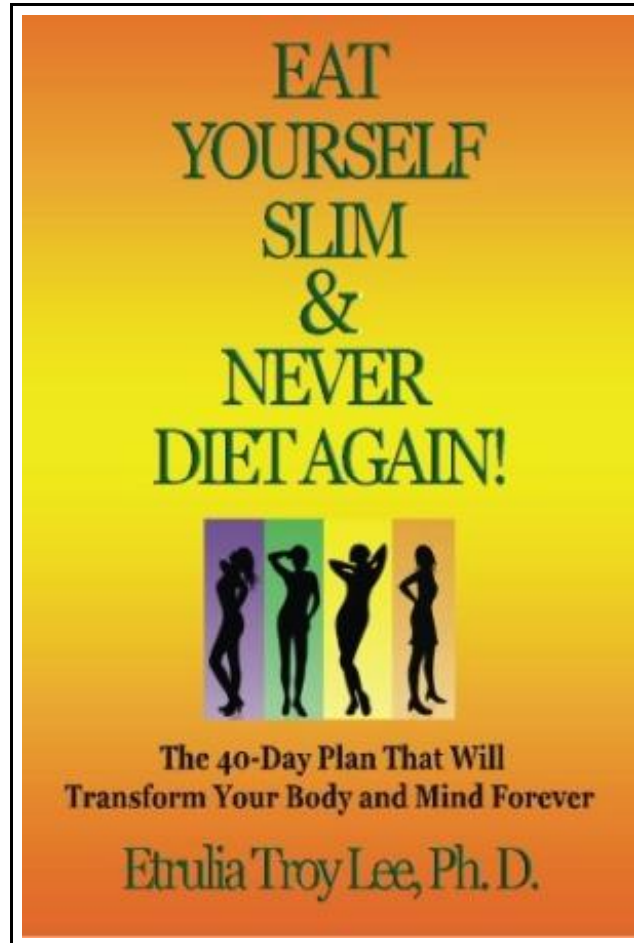


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Reviews

The book is fantastic and great. It generally does not expense excessive. Its been designed in an exceptionally easy way and it is simply right after i finished reading through this book by which really changed me, change the way i think.

(Adolfo Lindgren)

EAT YOURSELF SLIM NEVER DIET AGAIN (PAPERBACK)



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Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Eat Yourself Slim Never Diet Again helps you to harness the power of your subconscious to eat your way into a slim and healthy body. If you are ready to say goodbye forever to fad diets, liquid diets, starvation diets, yo-yo dieting, and failed willpower, then prepare yourself for your last battle in the weight loss war. If you will faithfully follow the plan in this book, you will have a new mindset in just forty days that will allow you to harness the power of your mind to not only transform your body, but to transform any area in your life. Why forty days? Forty has special significance in the Bible as the time needed to prepare to step into a new season. Consider the following: It rained for forty days and forty nights when God destroyed the world with flooding water (Genesis 7:12). Moses was on the mountain with God for forty days and nights (Exodus 34:29). The children of Israel wandered in the desert for forty years (Exodus 16:35). Jesus fasted for forty days in the wilderness before beginning His ministry (Matthew 4:2). This is God s doing: A woman is pregnant 40 weeks! While it is a generally accepted fact in psychology that it takes at least thirty days to practice a new habit before it becomes natural to you, the forty-day experiences in the Bible marked significant shifts in the order of things. The goal is for you to experience a significant shift in your thinking and eating habits such that your new habits will last for a lifetime! Eat Yourself Slim Never Diet Again is based on two factors. The first factor...



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