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## Take Action (Paperback)

By Orlando Noel

AUTHORHOUSE, United States, 2010. Paperback. Book Condition: New. 198 x 124 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Have you ever thought of where your life is heading? Are there days where you are just overwhelmed with stress, anxiety and fatigue? How you handle these and other situations is vital to your growth. This book has been written in a way to allow you to look through the eyes of the writer and to be empowered to take action to overcome any obstacle that may hold you back. You hear it all the time, never give up, just do it, follow your dreams etc. You need to have a positive outlook in life and continue to work on yourself. We all need people so build healthy relationships with the people you come in contact with. Give of yourself without expecting anything in return and take care of yourself, heart, mind, body and soul.



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