



AQA PE for A Level: Book 1: For A-Level Year 1 and AS (Paperback)

By Carl Atherton, Symond Burrows, Sue Young

HODDER EDUCATION, United Kingdom, 2016. Paperback. Book Condition: New. 276 x 215 mm. Language: N/A. Brand New Book. Inspire, motivate and give confidence to your students with AQA PE for A Level Book 1. This reliable and accessible textbook will offer your students comprehensive support for both the academic and practical elements of the course. This Student s Book has been selected for AQA s official approval process. - Key questions to direct thinking and help students focus on the key points - Diagrams to aid understanding - Summaries to aid revision and help students access the main points - Extension questions, stimulus material and suggestions for further reading to stretch, challenge and encourage independent thinking and a deeper understanding - Definition of key terms - again to aid and consolidate understanding of technical vocabulary and concepts - Activities to build conceptual understanding and sound knowledge and understanding, analysis, evaluation and application skills
Contents: Section 1 Applied Anatomy and Physiology 1.1 The cardiovascular system (Sue Young) 1.2 The respiratory system (Sue Young) 1.3 The neuromuscular system (Sue Young) 1.4 The musco-skeletal system and analysis of movement in physical activities (Sue Young) Section 2 Skill acquisition 2.1 Skill acquisition (Carl Atherton)...



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Reviews

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