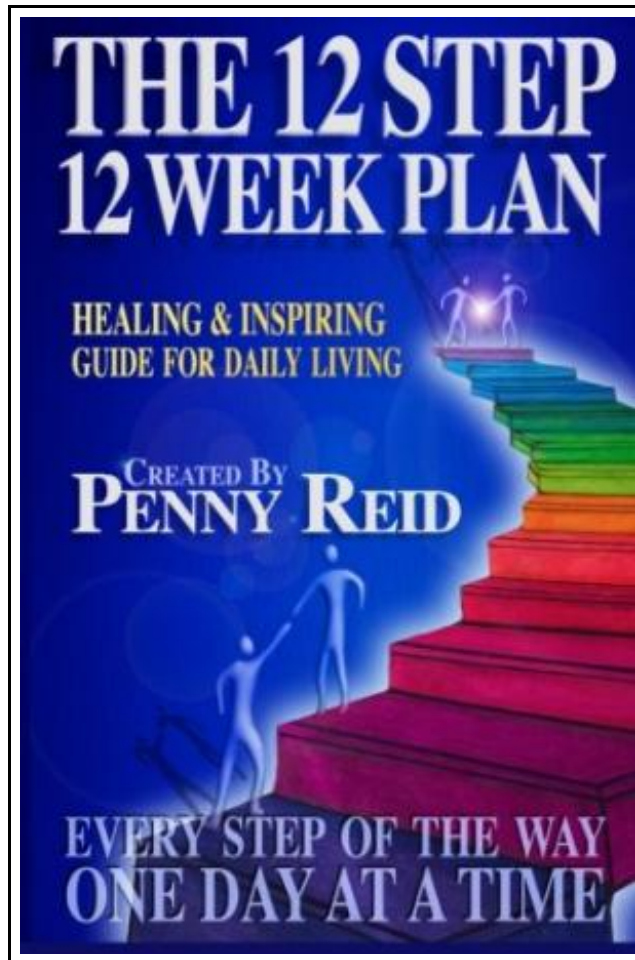


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Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand *****.Sobriety is a precious gift that I have received from working the 12 Steps of Alcoholics Anonymous on a daily basis. My love for and my belief in these Steps have prompted me to write a workbook entitled, The 12 Step-12 Week Plan. As a grateful recipient of all wisdom, joy and freedom that I ve received from working the Steps, I ve been given the opportunity to carry the message of AA to others who still suffer from this cunning, baffling and powerful disease. For the first time I feel that I have something valuable to contribute and give back to the program. The Steps are something that I will live for the rest of my life and are the guiding force in my life today. It took hard work to get to where I am in my sobriety, and in hindsight, I am so grateful that I kept coming back. It has taken me a long time to understand, forgive and feel good about myself again. Today, my disease no longer defines who I am. My on-going sobriety has returned me to myself, my humanity and to my God given potential. For the first time in years, I ve found the desire to draw again, and I feel that there is no greater purpose in my life than for me to utilize my art as a tool to help others heal. All that I ve been given in the program grows and grows the more it is shared. Recovery is not an end, but is a bright new beginning of endless possibilities!.

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