

ESSENTIAL MEDICINE EXPLAINED: A DOCTOR ANSWERS YOUR QUESTIONS (PAPERBACK)



Michelle Anderson Publishing, Australia, 2005. Paperback. Book Condition: New. 203 x 135 mm. Language: N/A. Brand New Book. Required reading for everyone over 40. Essential Medicine Explained covers common, everyday and serious medical problems. The book is structured to provide easy access to each of the main topics whilst Baldam s approach reduces complex medical jargon to plain English. Easy to read, comprehensive and practical, this book provides the essential information that is so often sought by those wishing to take control of their health. The over-40 baby boomer market is as yet to be catered for from the medical point of view. This book is a general overview of the common and/or serious medical problems faced by the getting older group. All the medically important problems occur increasingly more often after the age of 40. For some people it can and does start even earlier. Strategies for prevention are provided with extensive information on high blood pressure, stroke, diabetes, heart attack, cholesterol, depression, haemorrhoids, ulcers, cancer, gout, arthritis, menopause, prolapse, incontinence, urine infection, breast lumps, prostate, impotence, erection, the bowels, the eyes- cataracts, muscular degeneration, Alzheimers and more.

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