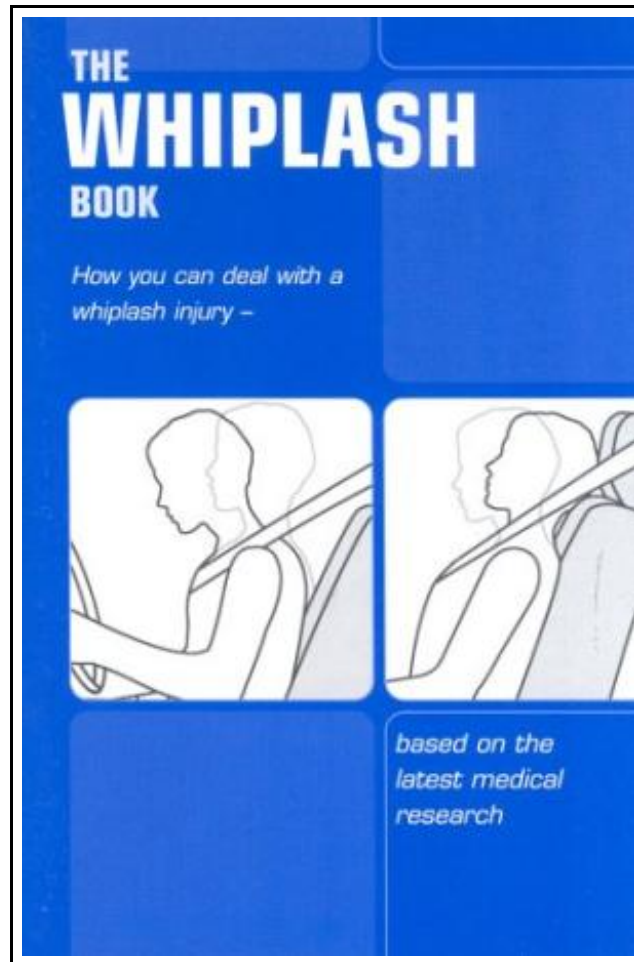


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Reviews

This pdf is definitely worth getting. Better then never, though i am quite late in start reading this one. It is extremely difficult to leave it before concluding, once you begin to read the book.




(Jeramie Davis)

THE WHIPLASH BOOK: HOW YOU CAN DEAL WITH A WHIPLASH INJURY - BASED ON THE LATEST MEDICAL RESEARCH



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TSO. Paperback. Book Condition: new. BRAND NEW, The Whiplash Book: How You Can Deal with a Whiplash Injury - Based on the Latest Medical Research, A. Kim Burton, Tim McClune, Gordon Waddell, The Stationery Office, This booklet provides advice and information on how to cope with whiplash injury, in order to avoid long term pain and disability. It is based on medical research and has been written by a multidisciplinary team whose specialisms cover orthopaedics, biomechanics and osteopathy. As the basic message is to keep moving, the booklet includes a number of neck exercises.

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